

Summer Term 1 2023

Menu A

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese*	Green Pesto Pasta (No nuts!)	Breaded fish**	Roast Chicken & Gravy*	Hot Dogs*
Quorn Spaghetti bolognese		Falafel & Spinach Burger	Quorn Roast & Gravy	Quorn Hot Dogs
	Cheese	Roast Potatoes	Roast Potatoes	
Peas	Sweetcorn	Baked Beans	Carrots	Baked Beans
Muller Fruit Yogurt	Flapjack	Raspberry Mousse Cake	Jelly	Chocolate Sponge

Allergen Advice: **Monday:** Wheat & Gluten (Spaghetti), Egg (Quorn), Milk (Yogurt); **Tuesday:** Wheat & Gluten (Pasta), Milk (Cheese), Oats & Gluten (Flapjack); **Wednesday:** Fish, Wheat & Gluten (Fish & Potatoes), Milk, Egg & Wheat (Mousse); **Thursday:** Milk (Gravy), Egg (Quorn), Wheat & Gluten (Potatoes); **Friday:** Gluten, Wheat & Sulphites (Sausage), Egg, Milk, Wheat, Barley & Gluten (Quorn Dog), Wheat & Gluten (Roll), Gluten, Egg, Milk, Soya & Wheat (Sponge).

Menu B

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Bolognese*	Cheesy 'Pizza' Pasta	Pork Meatballs & Gravy*	Roast Chicken & Gravy*	Beef Burger*
Quorn Bolognese		Quorn Meatballs & Gravy	Quorn Roast & Gravy	Veggie Burger
Rice		Pasta	Roast Potatoes	Roll
Peas	Sweetcorn	Carrots	Peas	Baked Beans
Muller Fruit Yogurt	Flapjack	Raspberry Mousse Cake	Jelly	Chocolate Sponge Cake

Allergen Advice: **Monday:** Egg (Quorn), Milk (Yogurt); **Tuesday:** Wheat & Gluten (Pasta), Milk (Cheese), Oats & Gluten (Flapjack); **Wednesday:** Egg, Wheat & Gluten (Both Meatballs), Milk (Gravy), Wheat & Gluten (Pasta), Milk, Egg & Wheat (Mousse); **Thursday:** Egg (Quorn), Milk (Gravy), Wheat & Gluten (Potatoes); **Friday:** Wheat & Gluten (Veggie Burger & Roll), Gluten, Egg, Milk, Soya & Wheat (Sponge).

* Meat is supplied or produced by The Pointer Butcher

** Fish is MSC certified (denotes Marine Stewardship Council sustainability mark)

We reserve the right to make changes to the menu where deemed necessary.